



LEE'S TAE KWON DO

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Class Schedule

Effective July/ 30/ 2018

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Focus	Respect	Consistency	Goal Setting	Self-Control	Loyalty
Spring/ Summer/ Winter Camp Program. (Hours: 7:00 AM ~ 6:30 PM) Drop Off: 7AM ~ 10AM Pick Up: 5PM ~ 6:30PM			Championship Training Program. Wednesday: 6:30 PM ~ 8:30 PM(Sparring Class) Saturday: 12:45 PM ~ 1:30 PM(Form Class)		
<div>B4/ AFTER SCHOOL PROGRAM *Pick-up from school (Mon ~ Fri). *Hours: 6:30AM ~ 6:30 PM *Homework. *Daily Martial Arts (Tae Kwon Do) Training. *Program accommodated for school early dismissal days: <u>No extra charge.</u> *School's Out Camp (7:00a~6:30p) on School Closures: <u>No extra charge.</u></div>					10:00 – 10:45 (White ~ S-Yellow)
3:30 ~ 4:10 After School Tae Kwon Do I	3:30 ~ 4:10 After School Tae Kwon Do I	@ 3:30 ~ 4:10 After School Tae Kwon Do I	3:30 ~ 4:10 After School Tae Kwon Do I	3:30 ~ 4:10 After School Tae Kwon Do I	10:45 – 11:15 Tiny Tigers (4~6/all belts)
4:10 – 4:40 After School Tae Kwon Do II	4:10 – 4:40 After School Tae Kwon Do II	4:10 – 4:40 After School Tae Kwon Do II	4:10 – 4:40 After School Tae Kwon Do II	4:10 – 4:40 After School Tae Kwon Do II	11:15 ~ 12:00 Kids & Family (All Belts)
4:40 ~ 5:20 After School Tae Kwon Do III	4:40 ~ 5:20 After School Tae Kwon Do III	@ 4:40 ~ 5:20 After School Tae Kwon Do III	4:40 ~ 5:20 After School Tae Kwon Do III	4:40 ~ 5:20 After School Tae Kwon Do III	# 12:00 – 12:45 (Bo-Dan~Black) # Please Bring Nunchaku.
After School/ Summer Camp/ Competition Training Program.					12:45 – 1:30 Competition Training "Form Class" (All Belts)
5:20 – 5:50 Tiny Tigers (4~6/all belts)	5:20 – 5:50 Tiny Tigers (4~6/all belts)	5:20 – 5:50 Tiny Tigers (4~6/all belts)	5:20 – 5:50 Tiny Tigers (4~6/all belts)	5:20 – 5:50 Tiny Tigers (4~6/all belts)	*Private Testing *Pre-Testing *Private Lessons
5:50 – 6:30 (White ~ S-Yellow)	# 5:50 – 6:30 (All Black Belts) # Please Bring Nunchaku.	5:50 – 6:30 (No & White)	@ 5:50 – 6:30 (Bo-Dan~Black) @ Please Bring Sparring Equipment.	5:50 – 6:30 (White ~ S-Yellow)	
6:30 – 7:10 (Green ~ S-Blue)	6:30 – 7:10 (White ~ S-Yellow)	@ 6:30 – 7:10 (Yellow ~ S-Green) @ Please Bring Sparring Equipment.	@ 6:30 – 7:10 (Brown ~ Bo-Dan) @ Please Bring Sparring Equipment.	6:30 – 7:10 (Green ~ S-Blue)	
7:10 – 7:50 (Brown ~ Bo-Dan)	7:10 – 7:50 (Green ~ S-Blue)	@ 7:10 – 8:30 Competition Training "Sparring" (All Belts) @ Please Bring Sparring Equipment.	7:10 – 7:50 (White ~ S-Yellow)	7:10 – 7:50 (Brown ~ Bo-Dan)	<div></div> The party includes: <u>Tae Kwon Do Lesson.</u> <u>Games, Pizza, Drinks</u> <u>and Cake Cutting</u> <u>Ceremony with a</u> <u>Samurai Sword.</u>
7:50 – 8:30 Kids & Family Teen & Adults (All Belts)	7:50 – 8:30 Kids & Family Teen & Adults (All Belts)		@ 7:50 – 8:30 Kids & Family Teen & Adults (All Belts)	7:50 – 8:30 Kids & Family Teen & Adults (All Belts)	
Free Trial Class/ Private Testing/ Private Lessons by appointment.					

Rules for Class Attendance

- * Students must execute a bow of courtesy upon meeting a Master, Instructor and each other.
Whenever entering the training mat, execute a salute to give respect to the displayed national flags.
- * Students must arrive at least 5 minutes before class. When you arrive late for class, you should kneel at the edge of the mat and wait to be invited into class. Never interfere with or disturb classes in progress.
- * Students should call the school if they will be missing more than two classes.
- * Students may attend lower belt classes to assist and help the class, also to review their technique.
- * All Tae Kwon Do sparring classes require full safety equipment. (Except Tiny Tiger & White Belt)
- * If your class schedule is unsuitable for you, ask an instructor for advice about attending another class.
- * Buddy Pass (Free class for friends) - Help someone you care about to gain the benefits of fitness, focus, self-confidence and self-defense. Ask us for more info.